

## New Curriculum Spelling Lists Years 1 and 2

the	come	go	mind	clothes	past	sugar
a	some	so	floor	cold	father	could
do	one	by	because	gold	class	would
to	once	my	kind	hold	water	sure
today	ask	here	behind	told	again	eye
of	friend	there	whole	every	grass	should
said	school	where	any	great	pass	who
says	put	love	child	break	plant	Mr
your	are	push	wild	steak	path	Mrs
they	were	pull	most	busy	bath	parents
be	was	full	both	people	hour	Christmas
he	is	house	children	pretty	move	everybody
me	his	our	climb	beautiful	prove	even
she	has	door	only	after	half	
we	I	poor	old	fast	money	
no	you	find	many	last	improve	



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# How to help me at home Year 1



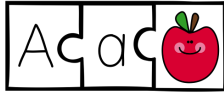
## 2, 5 and 10

$2 \times 1 = 2$   
 $2 \times 2 = 4$   
 $2 \times 3 = 6$   
 $2 \times 4 = 8$   
 $2 \times 5 = 10$   
 $2 \times 6 = 12$   
 $2 \times 7 = 14$   
 $2 \times 8 = 16$   
 $2 \times 9 = 18$   
 $2 \times 10 = 20$   
 $2 \times 11 = 22$   
 $2 \times 12 = 24$

$5 \times 1 = 5$   
 $5 \times 2 = 10$   
 $5 \times 3 = 15$   
 $5 \times 4 = 20$   
 $5 \times 5 = 25$   
 $5 \times 6 = 30$   
 $5 \times 7 = 35$   
 $5 \times 8 = 40$   
 $5 \times 9 = 45$   
 $5 \times 10 = 50$   
 $5 \times 11 = 55$   
 $5 \times 12 = 60$

$10 \times 1 = 10$   
 $10 \times 2 = 20$   
 $10 \times 3 = 30$   
 $10 \times 4 = 40$   
 $10 \times 5 = 50$   
 $10 \times 6 = 60$   
 $10 \times 7 = 70$   
 $10 \times 8 = 80$   
 $10 \times 9 = 90$   
 $10 \times 10 = 100$   
 $10 \times 11 = 110$   
 $10 \times 12 = 120$

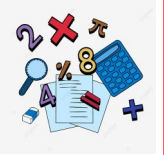
### Phonics/Spelling



- Ask me what my weekly spellings are and ask me to spell them.
- Play I spy with me to teach me the alphabet
- Notice the spelling pattern and find new words.
- Practise words from the Year 1 (see the back page).
- Spend time to decode words with me.

Useful Websites: <https://www.topmarks.co.uk/english-games/5-7-years/letters->

### Maths



- Have fun with numbers, play games: how many red cars can you spot, add the numbers together with how many blue cars you spot etc.
- Talk about time. Allow them to wear a watch.
- Ask your children quick fire multiplications. 2's, 5's and 10's.
- When shopping try to get some maths practised by working out prices and change.

Useful Websites: <https://www.topmarks.co.uk/maths-games/5-7-years/counting>

### Reading



- Remind your child to read their reading book. Encourage them sound each word out phonetically and blend them together.
- Give your child a range of text to read—magazines, newspapers, leaflets etc.
- Give me opportunities to read (shopping lists etc).

Useful Websites: <https://www.oxfordowl.co.uk/>

### Ready for school



- Help me maintain a good routine for going to bed, waking up and getting ready for school.
- Good sleep is important for your child's physical and mental wellbeing. Children in Year 6 should sleep for 9-12 hours.
- Help me learn how to tie my shoe laces
- Help learn how to fasten my own coat.
- Allow me to dress myself for school.
- Have a positive attitude and please remember your learning logs, every Wednesday.

### Writing



- Start a diary about your day at school and at home.
- Encourage your child to hold a pencil correctly, include capital letters, finger spaces and full stops.
- Help me with my letters, make sure I am writing them the right way around.

Useful Websites: Try this fantastic website with videos for you to learn about everything English. <https://home.oxfordowl.co.uk/bbc-bitesize-lesson-support-week-1/>

### Being healthy



- Aim for an average of at least 60 minutes of moderate intensity physical activity a day across the week. This could be: walking to school, playground activities, riding a scooter, skateboarding, rollerblading or walking the dog .
- Eat a well-balanced diet, include foods from all different food groups and check the following website for more advice on the health eating plate
- Remember the importance of good dental hygiene. Ensure that your child brushes their teeth twice a day.

Useful Websites: <https://www.nhs.uk/live-well/eat-well/the-eatwell-guide/>