

Subject: PE Year 2

What are the aims and intentions:

That all the children:

- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
- participate in team games, developing simple tactics for attacking and defending
- Perform dances using simple movement patterns.

Links to prior learning.

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Unit	Topic:	Knowledge	Skills:	Key Questions
Games - Invasion Games	Ball Games and Invasion Games Introduction to Football	<ul style="list-style-type: none"> • To know how to dribble the ball • To be able to pass and receive the ball with increased accuracy. • To know about to shoot the ball to a target • To know how to turn with control. 	<ul style="list-style-type: none"> • To be able to keep control of the ball • To be able to find a space • To be able to keep moving with the ball. • To be able to pass and receive a ball • To keep balance using arms and continue to control the ball. • To shoot on target. • To show good teamwork. • To be able to use all the space carefully. 	<p>Can the children control the ball with increased skill and balance?</p> <p>Can the children pass and receive a ball with balance and coordination?</p> <p>Can the children turn and shoot the ball using agility, balance and co-ordination?</p> <p>Can the children use these skills in a team game?</p>
	Key Vocabulary	Ball, dribble, pass, shoot, turn, space, receive, target, control, agility, balance, co-ordination, goal.		
		Cultural Capital: Festival Kurling and Boccia		
Fundamentals	Multi-Skills	<ul style="list-style-type: none"> • To know how to use the body to be able to balance. 	<ul style="list-style-type: none"> • To be able to balance along lines with equipment on the head showing good control. 	<p>Can the children use all the body to balance?</p>

		<ul style="list-style-type: none"> • To know how to use the body to move equipment (dribbling) with good control. • To know how to use the body to be able to roll, throw, kick or catch a ball with good co-ordination, control and accuracy. • To know how to use the body to be able to change direction at speed • To know what positions to put the body in quickly to maintain good control of balance and co-ordination. 	<ul style="list-style-type: none"> • To be able to balance on equipment with good control whilst balancing objects on the head. • To know how to change direction and position of the body with control and balance. • To be able to move equipment at speed with good control, balance and co-ordination. • To be able to roll, throw, kick or catch a ball with good co-ordination, control and accuracy. • To be able to use the body to be able to change direction at speed. • To be able to change direction and positions quickly to put the body to maintain good control of balance and co-ordination. - agility 	<p>Can the children balance equipment on their head showing good control?</p> <p>Can the children change direction with agility, balance and co-ordination?</p>
	Key Vocabulary	Run, turn, balance, roll, throw, kick,		
		Cultural Capital: Education enterprise, Grab a grown up		
Creative Movement	Gymnastics and Dance	<ul style="list-style-type: none"> • To know how to safely move around in space • To know how to control speed to ensure safety • To know how to use simple technical language to provide feedback • To travel safely and creatively in space • To use my body to express simple theme related shapes, movements, actions and feelings 	<ul style="list-style-type: none"> • To know how to safely move around in space • To know how to control speed to ensure safety • To know how to use simple technical language to provide feedback • To travel safely and creatively in space • To use my body to express simple theme related shapes, movements, actions and feelings • To show different levels when I travel 	<p>How will you move safely in a space?</p> <p>How will you control your speed?</p> <p>How will you use your body to express ?</p> <p>How will you travel? Can you give your friends some feedback?</p> <p>What rolls do you know?</p> <p>What is a sequence?</p>

		<ul style="list-style-type: none"> • To show different levels when I travel • To communicate effectively with a partner • To create, remember and perform a simple sequence of movement • To give supportive feedback • To know what a twist is • To know ways of twisting with different body parts • To know the difference between a twist and a turn • To know how to coordinate movements at the same time as a partner • To know the difference between counter balance and counter tension 	<ul style="list-style-type: none"> • To communicate effectively with a partner • To create, remember and perform a simple sequence of movement • To give supportive feedback • To perform a twist and then a roll • To change pathway after each roll by spinning • To change the point of contact in balances by leading into the next balance by twisting • To twist whilst in inversion • To perform a counter balance against apparatus • To work in synchronisation with a partner • To mirror the moves of a partner • To create a sequence of work with a clear start, controlled twists, spins and turns 	
	Key Vocabulary	theme, mind map, shapes, sequence, feedback, creative, communicate, twist, counter balance, counter tension, turn, spins, inversion, synchronisation, pathway		
		Cultural Capital: festivals , after school clubs		
Games - Net and Wall (Bat and Ball skills)	Tennis - Bat and Ball Skills	<ul style="list-style-type: none"> • To know what a position of readiness looks like • To know how to track the flight of the ball • To know which is the best technique to return a ball • To know the requirement for getting under the ball to strike it upwards over a net 	<ul style="list-style-type: none"> • To send and receive a ball with some accuracy • To move quickly into positions to catch • To strike a ball with some accuracy • To volley a ball by getting in line and underneath it • To keep a rally going with a partner • To develop a good grip and stance 	<p>Can you show me you are ready? What is the best way to return a ball?</p>

		<ul style="list-style-type: none"> • To know how to form a ready position • To know to try and get back to the centre of the court after each shot 	<ul style="list-style-type: none"> • To play a game against an opponent using a variety of shots • To move fluently around the court • To move quickly to get into a good position to return the ball 	
	Key Vocabulary	track, volley, serve, forehand, backhand, rally, strike		
		Cultural Capital: sports relief , after school clubs,		
Games - Striking and Feilding -	Kwick Cricket	<ul style="list-style-type: none"> • To know how to use the hands to roll a ball with control and accuracy. • To know where the body goes for throwing underarm and catching a ball with control and some accuracy. • To know where the body goes for bowling towards a target. • To know where the body goes for throwing overarm and notices the difference from underarm • To know how to hold a cricket bat correctly. 	<ul style="list-style-type: none"> • To roll a ball with increased control and accuracy, being able to stop the ball with one hand. • To be able to throw underarm and catch with increased control and accuracy. • To be able to bowl underarm towards a target with control. • To be able to throw overarm with control and some accuracy. • To be able to hit a ball off a tee with some control and accuracy 	<p>How will you catch the ball? Can you throw over arm accurately? Can you hold the cricket bat correctly?</p>
	Key Vocabulary	Underarm, bowl, overarm, tee		
		Cultural Capital: after school clubs , education enterprise,		
Athletics	Athletics	<ul style="list-style-type: none"> • To know the importance of a good start • To know to cushion knees when landing <ul style="list-style-type: none"> • To know the technique for different types of jump • To know the difference between a leap and a jump • To know how to increase the distance of a jump 	<ul style="list-style-type: none"> • To jump in a variety of ways • To coordinate a run with a jump • To discover and develop different styles of jumping • To leap, jump and hop • To add a short run to a jump • To throw with a run up • To show a sense of anticipation • To react quickly • To demonstrate agility and balance 	<p>What would a good start look like? Can you show me different types of jump? What is a leap? What is a jump? How will you increase the distance?</p>

		<ul style="list-style-type: none">• To know why it is important to warm up		
	Key Vocabulary	leap, jump, hop, increase, anticipate, landing, cushion, technique		
		Cultural Capital: Sports Day		