

St Helen Auckland Community Primary
PE Long Term Planning 2022-2023

Year	<u>Autumn 1</u> KS1 - Games - ball skills KS2- Invasion Games	<u>Autumn 2</u> KS1 - Fundamental Skills (Multi skills) KS2 -	<u>Spring 1</u> Gymnastics and Dance (Creative Movement)	<u>Spring 2</u> Games - Net and Wall	<u>Summer 1</u> Games - Striking and Feilding (4/6wks)	<u>Summer 2</u> KS2 Outdoor Adventures - OAA (3weeks) Athletics (4/6 weeks)
1	Throwing and catching skills <u>Festival -Kurling and Boccia</u>	Multi skills <u>Festival - Multi Skills (EE)</u>	Gymnastics & Dance	Bat and Ball Games	Fundamentals of Striking and Fielding	Athletics
2	Ball games and invasion games (football) <u>Festival - Kurling and Boccia (EE)</u>	Multi skills <u>Festival - Multi Skills</u>	Gymnastics & Dance	Tennis	Kwick Cricket	Athletics
3	Basketball	Gymnastics	Dance <u>Festival - Dance (EE)</u>	<u>Festival -Tennis (EE)</u>	Kwick Cricket <u>Festival - Tri-Golf</u> Outdoor Adventures - OAA (3weeks)	Athletics
4	Netball	Gymnastics	<u>Swimming</u>	<u>Swimming</u> Tennis <u>Festival -Tennis</u>	<u>Kwick Sticks (Hockey)</u> <u>Festival - Tri-Golf (EE)</u> Outdoor Adventures - OAA (3weeks)	Athletics
5	Tag Rugby <u>Festival - Handball</u>	Gymnastics <u>Festival -Gymnastics (EE)</u>	Dance (Badminton prep for league)	Badminton	<u>Swimming</u> Outdoor Adventures - OAA (3weeks)	<u>Swimming</u>
6	<u>Swimming</u> <u>Festival - Handball</u>	<u>Swimming</u>	Gymnastics & Dance Badminton (league prep)	Table tennis	Athletics Outdoor Adventures - OAA (3weeks)	<u>Festival - Rounders (EE)</u>

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PE Support/Extra Curricular, Competitions, Festivals, Leagues

	Monday	Tuesday	Wednesday	Thursday	Friday
Autumn 1		<u>Handball (y5/6)</u> 9.30-11.45 St Johns Tues 27 th Sept <u>Kurling & Boccia (y1 or 2)</u> 9.30-11.45 King James Tues 18 th Oct	3.15-4.15 After School Club Football League Y5&6 Teams of 7 St Johns /King James Wed 2 nd - 30 th Nov		<u>Netball - Y5&6</u> <u>Team of 5</u> BB -9.30-3.00 Fri 23 rd Sept
Autumn 2		<u>Multiskills (Y1 or 2)</u> 9.30-11.45 St Johns Tues 15 th Nov <u>Gymnastics (R-Y6)</u> 9.30-11.45 TBC Tues 6 th Dec	3.15-4.15 After School Club Football League Y5&6 Teams of 7 St Johns /King James Wed 2 nd - 30 th Nov		<u>Cross Country - Y3-6</u> <u>Team of 6</u> Staindrop -9.30-3.00 Fri 11 th Nov
Spring 1		<u>Dance (R-Y6)</u> 9.30-11.45 BB Tues 14 th Feb	3.15-4.15 After School Club Dodgeball League Y5&6 Teams of 7 Bishop Barrington Wed 18 th , 25 th Jan Wed 1 st Feb		<u>Sports hall Athletics - Y5&6</u> <u>Team of 9-15</u> BB -9.30-11.45 Fri 27 th Jan <u>Badminton World Cup - Y5&6</u> <u>Team of</u> BB -1.00-3.00 Fri 10 th Feb
Spring 2		<u>Tennis (Y3 or Y4)</u> 9.30-11.45 BB Tues 28 th Mar	3.15-4.15 After School Club		<u>Girls Football - Y4&5&6</u> <u>Team of 5</u> St Johns -9.30-12.30 Fri 31 st Mar
Summer 1	<u>Tri-Golf (Y3 or Y4)</u> 9.30-11.45 Bish Golf Club Mon 15 th May		3.15-4.15 After School Club		<u>Tri-Golf- Y5&6</u> <u>Team of 3</u> Bishop Golf Club -9.30-12.30 Fri 26 th May <u>Athletics - Y5&6</u> <u>Team of 12</u> BB -12.30-3.00 Fri 9 th June
Summer 2	<u>Rounders (Y5 or Y6)</u> 9.30-11.45 King James Mon 26 th June		3.15-4.15 After School Club Cricket League Y5&6 Teams of 7 TBC Wed 7 th June - 5 th July		<u>Football - Y4&5&6</u> <u>Team of 7</u> St Johns -9.30-1.30/2.30 Fri 14 th July

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