

# St Helen Auckland Community Primary



## PE Long Term Plan

Year	<u>Autumn 1</u> KS1 - Games - ball skills KS2- Invasion Games	<u>Autumn 2</u> KS1 - Fundamental Skills (Multi skills) KS2 -	<u>Spring 1</u> Gymnastics and Dance (Creative Movement)	<u>Spring 2</u> Games - Net and Wall	<u>Summer 1</u> Games - Striking and Feilding (4/6wks)	<u>Summer 2</u> KS2 Outdoor Adventures - OAA (3weeks) Athletics (4/6 weeks)
1	Throwing and catching skills <u>Festival -Kurling and Boccia</u>	Multi skills <u>Festival - Multi Skills (EE)</u>	Gymnastics & Dance	Bat and Ball Games	Fundamentals of Striking and Fielding	Athletics
2	Ball games and invasion games (football) <u>Festival - Kurling and Boccia (EE)</u>	Multi skills <u>Festival - Multi Skills</u>	Gymnastics & Dance	Tennis	Kwick Cricket	Athletics
3	Basketball	Gymnastics	Dance <u>Festival - Dance (EE)</u>	<u>Festival -Tennis (EE)</u>	Kwick Cricket <u>Festival - Tri-Golf</u> Outdoor Adventures - OAA (3weeks)	Athletics
4	Netball	Gymnastics	<u>Swimming</u>	<u>Swimming</u> Tennis <u>Festival -Tennis</u>	<u>Kwick Sticks (Hockey)</u> <u>Festival - Tri-Golf (EE)</u> Outdoor Adventures - OAA (3weeks)	Athletics
5	Tag Rugby <u>Festival - Handball</u>	Gymnastics <u>Festival -Gymnastics (EE)</u>	Dance (Badminton prep for league)	Badminton	<u>Swimming</u> Outdoor Adventures - OAA (3weeks)	<u>Swimming</u>

# St Helen Auckland Community Primary



## PE Long Term Plan

6	<p style="text-align: center;"><b>Swimming</b></p> <p style="text-align: center;">Festival - Handball</p>	<p style="text-align: center;"><b>Swimming</b></p>	<p>Gymnastics &amp; Dance Badminton (league prep)</p>	<p>Table tennis</p>	<p>Athletics</p> <div style="border: 1px solid black; padding: 5px; margin-top: 5px;"> <p>Outdoor Adventures - OAA (3weeks)</p> </div>	<p style="text-align: center;">Festival - Rounders (EE)</p>
---	---	--	---	---------------------	--	---

# St Helen Auckland Community Primary

## PE Long Term Plan



### PE Support/Extra Curricular, Competitions, Festivals, Leagues

	Monday	Tuesday	Wednesday	Thursday	Friday
Autumn 1		<u>Handball (y5/6)</u> 9.30-11.45 St Johns Tues 27 <sup>th</sup> Sept  <u>Kurling &amp; Boccia (y1 or 2)</u> 9.30-11.45 King James Tues 18 <sup>th</sup> Oct	3.15-4.15 After School Club		<u>Netball - Y5&amp;6</u> <u>Team of 5</u> BB -9.30-3.00 Fri 23 <sup>rd</sup> Sept
Autumn 2		<u>Multiskills (Y1 or 2)</u> 9.30-11.45 St Johns Tues 15 <sup>th</sup> Nov  <u>Gymnastics (R-Y6)</u> 9.30-11.45 TBC Tues 6 <sup>th</sup> Dec	3.15-4.15 After School Club  Football League Y5&6 Teams of 7 St Johns /King James Wed 2 <sup>nd</sup> - 30 <sup>th</sup> Nov		<u>Cross Country - Y3-6</u> <u>Team of 6</u> Staindrop -9.30-3.00 Fri 11 <sup>th</sup> Nov
Spring 1		<u>Dance (R-Y6)</u> 9.30-11.45 BB Tues 14 <sup>th</sup> Feb	3.15-4.15 After School Club  Dodgeball League Y5&6 Teams of 7 Bishop Barrington Wed 18 <sup>th</sup> , 25 <sup>th</sup> Jan Wed 1 <sup>st</sup> Feb		<u>Sports hall Athletics - Y5&amp;6</u> <u>Team of 9-15</u> BB -9.30-11.45 Fri 27 <sup>th</sup> Jan  <u>Badminton World Cup - Y5&amp;6</u> <u>Team of</u> BB -1.00-3.00 Fri 10 <sup>th</sup> Feb
Spring 2		<u>Tennis (Y3 or Y4)</u> 9.30-11.45 BB Tues 28 <sup>th</sup> Mar	3.15-4.15 After School Club		<u>Girls Football - Y4&amp;5&amp;6</u> <u>Team of 5</u> St Johns -9.30-12.30 Fri 31 <sup>st</sup> Mar
Summer 1	<u>Tri-Golf (Y3 or Y4)</u> 9.30-11.45 Bish Golf Club Mon 15 <sup>th</sup> May		3.15-4.15 After School Club		<u>Tri-Golf- Y5&amp;6</u> <u>Team of 3</u> Bishop Golf Club -9.30-12.30 Fri 26 <sup>th</sup> May  <u>Athletics - Y5&amp;6</u> <u>Team of 12</u> BB -12.30-3.00 Fri 9 <sup>th</sup> June
Summer 2	<u>Rounders (Y5 or Y6)</u> 9.30-11.45 King James Mon 26 <sup>th</sup>		3.15-4.15 After School Club Cricket League Y5&6 Teams of 7		<u>Football - Y4&amp;5&amp;6</u> <u>Team of 7</u> St Johns -9.30-1.30/2.30 Fri 14 <sup>th</sup> July

# St Helen Auckland Community Primary

## PE Long Term Plan



	June		TBC Wed 7 <sup>th</sup> June - 5 <sup>th</sup> July		
--	------	--	---	--	--